



1.

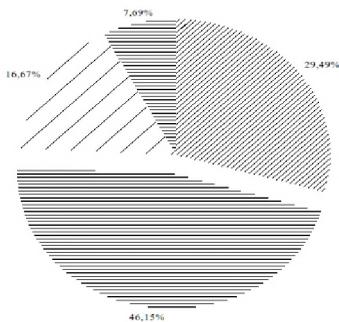
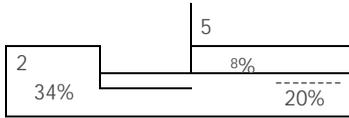


Рисунок 1. Уровень развития выносливости.

) ( 2.)



3  
38%

2.

1

1

4

3.

5

6%

4

17%

2

48%

3

29%

3.

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2000(2),

(2007).

(2000),

(2014),

(2017)

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1. :  
 . . . . . , 2007. - 218 .
  2. :  
 . . . . . : 13.00.04 /  
 . . . . . , 2000. - 26 .
  3. / . . . . . , . . . . . //
  4. . - . . . . . , 2014. - . XIII. - . 456 - 458  
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 . - . . . . . , 2014. - 3. - . 94 - 96.
  5. / . . . . .  
 . . . . . , 2017. - 160 .  
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